

Memorial Run 5k

In honor of Tom Osler and George Morris



Please join us for this race to honor long-time runners and running advocates Tom Osler and George Morris. Proceeds to provide summer and winter series runs to promote running and healthy lifestyle throughout the community.

Enjoy some post race Jamaican cuisine.

Date: August 31, 2023

Time: 7pm

Location: Harrison G. Shaw Sr. Bike Trail, Glassboro, NJ US 08028 (no bathroom facilities on site).

Register at runsignup.com

Payment: Venmo: @sjtca2020, Cash, or Check

Entry Fee \$25

Awards: \$100 to the overall male and female winners.

10 year age groups

Information: Contact Ringo Adamson 856-904-3543 or tuffgangrunning@yahoo.com

CHECKS PAYABLE: Tuffgangrunning or Venmo @sjtca2020

MAIL TO: c/o Derick Adamson
112 Nursery Drive
Glassboro, NJ 08028

ENTRY FORM – MEMORIAL 5K

LAST NAME _____ FIRST NAME _____

Street _____ City _____ State _____ Zip Code _____

Phone w/area code _____ AM - PM Race Day Age _____ GENDER: _____

email address: _____

Waiver & Release . . . All Participants Must Sign

In consideration for accepting this entry, and the granting of the right to participate in this event, I, the undersigned, intending to be legally bound, hereby, for myself, my heir, personal representatives, successors, and assignees, waive and release any and all claims for losses and damages I may have against the Willis 5K organizers, Town of Glassboro, Partners, Officers, Sponsors, all representatives, successors, and assignees and/or any other person whomsoever for any and all injuries, illness, including death, that may result from my participation in said event. I represent and affirm that I am in proper physical condition to participate in this event, and verified by a licensed physician, and have sufficiently trained for the completion of this event. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNED THIS RELEASE AND WAIVER.

Signature _____ Date _____

(Parent/Guardian Signature required if entrant is under 18 years of age)