

BROWNING ROSS SUMMER SERIES 5K 2026

Races on Thursdays at 7:00 PM

Flat accurate, wheel-measured course.
Race prizes! You get to pick your prize!
Race day registration only.
** There are currently no bathrooms on site **



June:
4, 11, 18, 25

July:
2, 9, 16, 23, 30

August
6, 13, 20, 27*

*August 27 is a special Alumni Run with a planned 5K and 5 Miler.
Expect great food, prizes and fun! Overall male and female winners get their race entry fee returned and still get to pick a prize!

Time: All races begin at 7 PM.

Entry Fee: \$7 Adults, \$5 Students.
Cash or Venmo @sjtca2020
August 27: \$15 Adults, \$10 Students.

Location: Harrison C. Shaw Sr. Bike Trail
Delsea Drive (Route 47), Glassboro NJ

Parking: Awalt Drive, next to Acenda Integrated Health
42 Delsea Drive South, Glassboro, NJ 08028

Race Director: Ringo Adamson: 856-904-3543 or tuffgangrunning@yahoo.com

Records:

5K Rowan Course:	Rob Rawls	14:56.36	Aug. 22, 2013
	Chelsea Ley	16:44.6	Aug. 27, 2009
5K Bike Trail Course	Brett Milden	16:14	Aug. 31, 2023
	Reagan Mahoney	18:27.35	July 15, 2021
5 Mile Bike Trail Course	Brian Quilty	26:31	Aug. 25, 2022
	Alyssa Condell	31:17	Aug. 25, 2022



<https://www.tuffgangrunning.com/>

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Think Strong. Be Strong. Finish Strong.

